Student Carers

The Carers Trust Scotland define a carer as 'anyone who cares, unpaid, for a friend or family member who due to illness, disability, a mental health problem or an addiction cannot cope without their support.' We know that starting college can be challenging, particularly if you are a carer who is managing caring responsibilities alongside your studies.

College can be a tough time for students who also have caring responsibilities at home. Juggling the commitments of study with those responsibilities can often make student carers feel like they are being pulled in two ways. If you let us know you are a carer, we can offer assistance to support you, including guidance and emotional support.

For Young Carers (16 - 18 years old) there is a Young Carers Grant that you can apply for from <u>mygov.scot</u>. This is a yearly payment of £326.65.